

## MEJORES MARCAS MADRILEÑAS FEMENINAS PISCINA 50 M C. ELECTRÓNICO (06-05-2024)

2024	ABSOLUTO	12 AÑOS (12)	13 AÑOS (11)	14 AÑOS (10)	15 AÑOS (09)	16 AÑOS (08)	17 AÑOS (07)	18 AÑOS (06)
50 LIBRE	00:25,21 (13-04-24) CARMEN WEILER (CANOE)	00:27,60 (03-05-19) NAIA LEGARDA (GREDOS)	00:26,81 (31-07-15) NADIA GONZÁLEZ (RIVAS)	00:26,59 (21-07-21) NAIA LEGARDA (GREDOS)	00:26,33 (28-07-23) LAURA REVILLA (VALLE)	00:25,53 (03-12-23) MARIA DAZA (CANOE)	00:25,55 (22-02-24) MARIA DAZA (CANOE)	00:25,61 (22) CARMEN WEILER (CANOE)
100 LIBRE	00:54,85 (13-04-24) MARIA DAZA (CANOE)	01:00,99 (19-07-19) NAIA LEGARDA (GREDOS)	00:57,42 (29-07-15) NADIA GONZÁLEZ (RIVAS)	00:57,44 (27-02-16) NADIA GONZÁLEZ (CANOE)	00:56,99 (28-02-15) MARTA CANO (CANOE)	00:55,27 (05-09-23) MARIA DAZA (GREDOS)	00:54,85 (24-04-24) MARIA DAZA (CANOE)	00:55,27 (15-03-22) CARMEN WEILER (CANOE)
200 LIBRE	01:58,11 (13-08-10) PATRICIA CASTRO (CANOE)	02:14,67 (10-07-14) NADIA GONZALEZ (COVIBAR)	02:03,70 (06-08-15) NADIA GONZÁLEZ (RIVAS)	02:02,71 (29-02-16) NADIA GONZALEZ (CANOE)	02:01,99 (25-06-15) MARTA CANO (COVIBAR)	02:00,45 (02-08-08) PATRICIA CASTRO (MOSCARDÓ)	01:58,33 (03-04-09) PATRICIA CASTRO (CANOE)	01:58,11 (13-08-10) PATRICIA CASTRO (CANOE)
400 LIBRE	04:09,17 (05-04-09) PATRICIA CASTRO (CANOE)	04:38,96 (20-12-14) NADIA GONZALEZ (COVIBAR)	04:25,48 (19-12-15) NADIA GONZALEZ (CANOE)	04:20,10 (01-03-16) NADIA GONZALEZ (CANOE)	04:17,20 (31-07-16) ANDREA GALISTEO (CANOE)	04:15,24 (05-07-12) IRENE ANDREA (MOSCARDÓ)	04:09,17 (05-04-09) PATRICIA CASTRO (CANOE)	04:09,35 (10) PATRICIA CASTRO (CANOE)
800 LIBRE	08:31,19 (18-05-16) JIMENA PEREZ (GREDOS)	09:35,03 (09-07-09) STELLA TORABUELA (COSLADA)	09:10,02 (01-05-15) NADIA GONZALEZ (RIVAS)	08:51,76 (04-08-15) ANDREA GALISTEO (CANOE)	08:45,82 (06-07-16) ANDREA GALISTEO (CANOE)	08:40,31 (24-08-17) ANDREA GALISTEO (CANOE)	08:36,95 (19-08-14) JIMENA PEREZ (GREDOS)	08:38,91 (24) TOPE FMN
1500 LIBRE	16:08,70 (05-12-20) JIMENA PEREZ (GREDOS)	19:00,00 (24) TOPE FMN	19:33,71 (19/02/23) CLAUDIA TOVAR (VALLE)	17:16,89 (30-11-14) ESTHER HUETE (CANOE)	16:47,86 (23-05-15) ESTHER HUETE (CANOE)	16:30,63 (12-07-13) JIMENA PEREZ (GREDOS)	16:28,31 (12-04-13) JIMENA PEREZ (GREDOS)	16:24,64 (24) TOPE FMN
50 MARIPOSA	00:26,78 (24-07-07) ANGELA SAN JUAN (CANOE)	00:31,03 (20-12-14) NADIA GONZALEZ (COVIBAR)	00:29,24 (25-06-23) ALICIA ALBERTOS (VALLE)	00:28,28 (16-03-24) ALICIA ALBERTOS (VALLE)	00:28,36 (01-05-15) MARTA CANO (CANOE)	00:27,96 (20-12-19) CARLA LANZA (GREDOS)	00:27,40 (03-08-19) NADIA GONZALEZ (CANOE)	00:27,61 (14) MARIA SANCHEZ (SEK)
100 MARIPOSA	00:59,60 (26-06-09) ANGELA SAN JUAN (CANOE)	01:08,22 (06-07-12) MARTA CANO (COVIBAR)	01:03,35 (01-03-13) MARTA CANO (COVIBAR)	01:02,50 (31-07-16) NADIA GONZALEZ (CANOE)	01:01,77 (19-07-13) CARMEN RICO (CANOE)	01:01,35 (01-12-23) MARIA DAZA (CANOE)	01:00,63 (01-12-23) LAURA CABANES (CANOE)	00:59,95 (23-02-24) LAURA CABANES (CANOE)
200 MARIPOSA	02:11,20 (24-02-24) LAURA CABENES (CANOE)	02:31,66 (07-07-12) MARTA CANO (COVIBAR)	02:20,08 (03-03-13) MARTA CANO (COVIBAR)	02:18,43 (01-07-12) CARMEN RICO (CANOE)	02:14,29 (11-07-13) CARMEN RICO (CANOE)	02:14,57 (17-07-14) CARMEN RICO (CANOE)	02:13,07 (30-11-23) LAURA CABANES (CANOE)	02:11,20 (24-02-24) LAURA CABENES (CANOE)
50 ESPALDA	00:28,25 (31-07-13) DUANE DA ROCHA (CANOE)	00:32,51 (14-07-23) CARLOTA RODRIGUEZ (MALVAR)	00:30,18 (04-12-22) SARA COSTA (GREDOS)	00:29,66 (01/12/23) SARA COSTA (GREDOS)	00:29,04 (21-02-24) SARA COSTA (GREDOS)	00:29,26 (26-07-23) LAURA GONZALEZ (GREDOS)	00:28,98 (08-04-19) PAULA RODRIGUEZ (CANOE)	00:28,40 (22) CARMEN WEILER (CANOE)
100 ESPALDA	00:59,76 (29-09-23) CARMEN WEILER (CANOE)	01:08,38 (18-07-15) CLAUDIA ESPINOSA (GREDOS)	01:03,60 (04-12-16) CLAUDIA ESPINOSA (GREDOS)	01:02,83 (25-07-17) CLAUDIA ESPINOSA (GREDOS)	01:02,35 (20-01-24) SARA COSTA (GREDOS)	01:02,83 (29-07-23) LAURA GONZALEZ (GREDOS)	01:01,83 (10-04-19) PAULA RODRIGUEZ (CANOE)	01:01,71 (22) CARMEN WEILER (CANOE)
200 ESPALDA	02:09,56 (22-05-12) DUANE DA ROCHA (CANOE)	02:26,34 (19-07-15) CLAUDIA ESPINOSA (GREDOS)	02:15,80 (25-06-16) CLAUDIA ESPINOSA (GREDOS)	02:13,42 (26-07-17) CLAUDIA ESPINOSA (GREDOS)	02:13,40 (14-03-24) SARA COSTA (GREDOS)	02:15,59 (21-12-19) MARTA BEESMANS (GREDOS)	02:14,49 (14-02-20) CLAUDIA ESPINOSA (GREDOS)	02:13,31 (24) TOPE FMN
50 BRAZA	00:31,33 (30-03-23) MARÍA RAMOS (GREDOS)	00:37,24 (07-07-09) ALEJANDRA NULA (GREDOS)	00:34,53 (19-12-15) SARA LAHRACH (LEGANES)	00:33,06 (22-12-20) MARÍA RAMOS (GREDOS)	00:31,48 (03-08-21) MARÍA RAMOS (GREDOS)	00:31,39 (04-09-23) JIMENA PEREZ (GREDOS)	00:31,33 (30-03-23) MARÍA RAMOS (GREDOS)	0:31,73 (23-02-24) MARIA RAMOS (GREDOS)
100 BRAZA	01:07,25 (30-07-23) JIMENA RUIZ (GREDOS)	01:16,64 (20-07-19) JIMENA RUIZ (TORREJÓN)	01:13,98 (09-02-20) JIMENA RUIZ (TORREJÓN)	01:11,43 (22-12-18) INÉS SANCHO (GREDOS)	01:09,36 (21-12-22) JIMENA RUIZ (GREDOS)	01:07,25 (30-07-23) JIMENA RUIZ (GREDOS)	01:08,51 (20-01-24) JIMENA RUIZ (CANOE)	01:10,04 (25-02-24) MARIA RAMOS (GREDOS)
200 BRAZA	02:30,88 (21-05-23) JIMENA RUIZ (GREDOS)	02:47,98 (15-07-22) CLAUDIA TOVAR (VALLE)	02:39,71 (20-07-17) CARLOTA UNGO (VALLE)	02:34,06 (28-07-18) INÉS SANCHO (GREDOS)	02:31,63 (24-07-19) INÉS SANCHO (GREDOS)	02:30,88 (21-05-23) JIMENA RUIZ (GREDOS)	02:31,37 (12-04-24) JIMENA RUIZ (CANOE)	2:33,81 (21-02-24) MARIA RAMOS (GREDOS)
200 ESTILOS	02:12,57 (27-04-24) LAURA CABENES (CANOE)	02:28,57 (20-12-14) NADIA GONZÁLEZ (COVIBAR)	02:19,71 (05-08-15) NADIA GONZALEZ (RIVAS)	02:18,15 (09-07-16) NADIA GONZALEZ (CANOE)	02:17,74 (01-03-15) MARIA ARTIGAS (CANOE)	02:17,43 (18-07-09) ANA VADILLO (CANOE)	02:17,03 (01-07-17) ESTHER HUETE (CANOE)	02:12,57 (27-04-24) LAURA CABENES (CANOE)
400 ESTILOS	04:43,96 (03-08-19) JIMENA PEREZ (GREDOS)	05:17,70 (17-07-15) CLAUDIA ESPINOSA (GREDOS)	05:01,95 (02-05-15) NADIA GONZALEZ (RIVAS)	04:56,07 (19-01-24) MARIA SANTANA (CANOE)	04:51,54 (26-02-12) ALEJANDRA NULA (GREDOS)	04:47,74 (16-07-09) ANA VADILLO (CANOE)	04:46,19 (18-07-14) JIMENA PEREZ (GREDOS)	4:46,14 (24) TOPE FMN

RECORDS DE ESPAÑA y MEJORES MARCAS NACIONALES