

800F M86 ST IX JORNADA FONDO MASTER 23-24  
M86 - MADRID, 2/12/2023

Prueba 3  
02/12/2023

Fem., 800m Libre

20 años y mayores  
Resultados

Clas.	Nombre	Año	Club	Marca
20+				
1.	FERNANDEZ MIRANDA, Sara	99	00636 - C.N. Alcobendas	<b>10:01.77</b>
	50m: 32.44 200m: 2:24.28 350m: 4:18.02 500m: 6:12.44 650m: 8:07.64 800m: 10:01.77			
	100m: 1:08.71 250m: 3:02.47 400m: 4:55.90 550m: 6:50.66 700m: 8:46.35			
	150m: 1:46.25 300m: 3:40.25 450m: 5:33.91 600m: 7:29.09 750m: 9:24.83			
2.	ALONSO ORTIZ, Noelia	01	P1200 - Safa Madrid	<b>10:42.34</b>
	50m: 34.46 200m: 2:33.27 350m: 4:34.65 500m: 6:38.42 650m: 8:40.91 800m: 10:42.34			
	100m: 1:12.95 250m: 3:13.63 400m: 5:16.15 550m: 7:19.03 700m: 9:22.72			
	150m: 1:53.10 300m: 3:54.30 450m: 5:57.21 600m: 8:00.35 750m: 10:02.90			
3.	AGUILAR RAYON, Irene	00	P1200 - Safa Madrid	<b>11:05.32</b>
	50m: 36.51 200m: 2:38.88 350m: 4:43.41 500m: 6:51.07 650m: 9:00.78 800m: 11:05.32			
	100m: 1:16.39 250m: 3:19.70 400m: 5:26.03 550m: 7:34.23 700m: 9:43.89			
	150m: 1:57.16 300m: 4:01.44 450m: 6:08.51 600m: 8:17.16 750m: 10:27.38			
4.	MERINO GOMEZ, Vera	03	01571 - C.D.E. Mako	<b>11:11.40</b>
	50m: 36.08 200m: 2:36.49 350m: 4:41.99 500m: 6:51.13 650m: 9:01.57 800m: 11:11.40			
	100m: 1:15.16 250m: 3:18.20 400m: 5:24.83 550m: 7:34.31 700m: 9:45.06			
	150m: 1:55.45 300m: 3:59.82 450m: 6:07.99 600m: 8:17.88 750m: 10:28.90			
5.	NAVAS TEN, Marta	99	01121 - C.N. Colmenar Viejo	<b>11:57.06</b>
	50m: 37.16 200m: 2:48.77 350m: 5:05.10 500m: 7:24.33 650m: 9:42.43 800m: 11:57.06			
	100m: 1:19.30 250m: 3:33.68 400m: 5:51.66 550m: 8:10.36 700m: 10:28.35			
	150m: 2:03.11 300m: 4:19.83 450m: 6:37.35 600m: 8:56.80 750m: 11:13.86			
6.	DIEZ GARCIA, Alba	99	P1200 - Safa Madrid	<b>12:18.94</b>
	50m: 38.27 200m: 2:51.02 350m: 5:10.38 500m: 7:35.56 650m: 9:59.55 800m: 12:18.94			
	100m: 1:20.92 250m: 3:36.92 400m: 5:58.33 550m: 8:22.83 700m: 10:47.40			
	150m: 2:05.46 300m: 4:23.14 450m: 6:46.25 600m: 9:11.42 750m: 11:34.64			
7.	FERNÁNDEZ GARCÍA, Carolina	01	01121 - C.N. Colmenar Viejo	<b>12:27.73</b>
	50m: 38.54 200m: 2:54.01 350m: 5:16.10 500m: 7:40.08 650m: 10:05.60 800m: 12:27.73			
	100m: 1:22.05 250m: 3:41.25 400m: 6:03.84 550m: 8:28.41 700m: 10:54.38			
	150m: 2:07.56 300m: 4:28.75 450m: 6:51.84 600m: 9:17.27 750m: 11:42.33			
8.	PRIETO OLTRA, Marina	99	01571 - C.D.E. Mako	<b>12:55.01</b>
	50m: 42.56 200m: 3:03.12 350m: 5:30.49 500m: 7:59.06 650m: 10:30.59 800m: 12:55.01			
	100m: 1:27.77 250m: 3:51.09 400m: 6:19.92 550m: 8:49.61 700m: 11:20.61			
	150m: 2:15.27 300m: 4:04.52 450m: 7:09.66 600m: 9:40.76 750m: 12:09.70			
9.	BECERRO BODAS, Berta	02	00561 - C.N. Tres Cantos	<b>13:31.90</b>
	50m: 43.64 200m: 3:11.42 350m: 5:46.29 500m: 8:23.22 650m: 11:01.38 800m: 13:31.90			
	100m: 1:32.02 250m: 4:03.51 400m: 6:38.26 550m: 9:16.04 700m: 11:52.74			
	150m: 2:21.61 300m: 4:54.43 450m: 7:31.45 600m: 10:08.46 750m: 12:43.77			
10.	DE SEPULVEDA GARCÍA, Marina	99	01571 - C.D.E. Mako	<b>14:51.86</b>
	50m: 42.50 200m: 3:21.06 350m: 6:20.86 500m: 9:19.19 650m: 12:14.49 800m: 14:51.86			
	100m: 1:30.74 250m: 4:20.61 400m: 7:21.60 550m: 10:17.88 700m: 13:09.55			
	150m: 2:24.42 300m: 5:20.94 450m: 8:19.94 600m: 11:16.74 750m: 14:05.55			

Piscina 25 metros - Cronometraje manual

800F M86 ST IX JORNADA FONDO MASTER 23-24  
M86 - MADRID, 2/12/2023

Prueba 3, Fem., 800m Libre

25+

1.	GONZALEZ GARNACHO, Alejandra	97	00573 - C.N. Leganes	<b>10:13.49</b>		
	50m: 32.41	200m: 2:24.62	350m: 4:19.99	500m: 6:17.16	650m: 8:15.96	800m: 10:13.49
	100m: 1:08.98	250m: 3:03.15	400m: 4:59.14	550m: 6:56.73	700m: 8:55.89	
	150m: 1:46.49	300m: 3:41.47	450m: 5:38.45	600m: 7:36.34	750m: 9:35.74	
2.	LAUT MARTINEZ, Alma	97	00573 - C.N. Leganes	<b>10:22.23</b>		
	50m: 34.16	200m: 2:29.95	350m: 4:29.00	500m: 6:27.63	650m: 8:26.39	
	100m: 1:12.19	250m: 3:09.23	400m: 5:08.90	550m: 7:07.27	750m: 9:46.50	
	150m: 1:50.63	300m: 3:48.87	450m: 5:48.14	600m: 7:46.96	800m: 10:22.23	
3.	LOPEZ TOMAS, Jara	96	00109 - C.N. Madrid Moscardo	<b>10:41.54</b>		
	50m: 35.30	200m: 2:35.14	350m: 4:38.23	500m: 6:40.18	650m: 8:43.27	800m: 10:41.54
	100m: 1:14.65	250m: 3:15.84	400m: 5:18.98	550m: 7:21.27	700m: 9:24.03	
	150m: 1:54.22	300m: 3:57.69	450m: 5:59.65	600m: 8:08.19	750m: 10:04.21	
4.	MORANTE SANCHEZ, Sofia	94	00109 - C.N. Madrid Moscardo	<b>10:41.99</b>		
	50m: 35.70	200m: 2:35.09	350m: 4:37.03	500m: 6:39.14	650m: 8:41.95	800m: 10:41.99
	100m: 1:14.75	250m: 3:15.77	400m: 5:17.77	550m: 7:20.05	700m: 9:23.16	
	150m: 1:54.66	300m: 3:56.18	450m: 5:58.81	600m: 8:01.15	750m: 10:03.38	
5.	HERRERO HERNÁNDEZ, Beatriz	94	01767 - Cdb Natacion Swimtonic	<b>12:00.59</b>		
	50m: 37.06	200m: 2:45.08	350m: 5:02.62	500m: 7:23.63	650m: 9:45.63	800m: 12:00.59
	100m: 1:18.14	250m: 3:30.24	400m: 5:49.54	550m: 8:10.14	700m: 10:33.45	
	150m: 2:00.77	300m: 4:15.80	450m: 6:36.54	600m: 8:58.02	750m: 11:18.88	
6.	CHAVARRI MOLPECERES, Jimena	97	00171 - C. Tenis Chamartin	<b>14:38.25</b>		
	50m: 42.77	200m: 3:19.59	350m: 6:09.04	500m: 9:01.22	650m: 11:52.73	800m: 14:38.25
	100m: 1:31.98	250m: 4:16.16	400m: 7:06.15	550m: 9:59.31	700m: 12:48.88	
	150m: 2:24.77	300m: 5:12.61	450m: 8:03.05	600m: 10:56.49	750m: 13:43.48	

30+

1.	LOPEZ DE LA ROSA, Irene	89	00636 - C.N. Alcobendas	<b>11:32.26</b>		
	50m: 38.22	200m: 2:49.22	350m: 5:00.75	500m: 7:11.84	650m: 9:22.13	800m: 11:32.26
	100m: 1:21.40	250m: 3:33.10	400m: 5:44.58	550m: 7:55.08	700m: 10:05.78	
	150m: 2:05.65	300m: 4:16.98	450m: 6:28.46	600m: 8:38.52	750m: 10:49.03	
2.	GOMEZ MUÑOZ, Claudia	90	00561 - C.N. Tres Cantos	<b>12:01.92</b>		
	50m: 38.49	200m: 2:47.20	350m: 5:06.00	500m: 7:25.64	650m: 9:45.21	800m: 12:01.92
	100m: 1:19.65	250m: 3:32.74	400m: 5:52.54	550m: 8:12.26	700m: 10:31.96	
	150m: 2:02.65	300m: 4:19.02	450m: 6:39.21	600m: 8:58.54	750m: 11:18.05	
3.	VERDEGUER HERRERO, Alejandra	90	00616 - C.N. Fuenlabrada	<b>12:32.46</b>		
	50m: 38.70	200m: 2:55.83	350m: 5:19.51	500m: 7:44.30	650m: 10:09.27	800m: 12:32.46
	100m: 1:22.32	250m: 3:43.72	400m: 6:07.73	550m: 8:32.35	700m: 10:57.29	
	150m: 2:08.69	300m: 4:31.62	450m: 6:56.23	600m: 9:21.92	750m: 11:45.84	
DQ	BARBA VAZQUEZ, Maria	89	01571 - C.D.E. Mako			

Piscina 25 metros - Cronometraje manual

800F M86 ST IX JORNADA FONDO MASTER 23-24  
M86 - MADRID, 2/12/2023

Prueba 3, Fem., 800m Libre

35+

1. ABELLO NAVAS, Paula	88	00561 - C.N. Tres Cantos	<b>11:42.15</b>
50m: 38.16	200m: 2:43.88	350m: 4:54.41	500m: 7:08.71
100m: 1:19.46	250m: 3:26.65	400m: 5:38.94	550m: 7:53.75
150m: 2:01.29	300m: 4:10.42	450m: 6:23.64	600m: 8:38.81
			750m: 10:57.72
800m:	11:42.15		
2. BRUNO, Natalia	86	00171 - C. Tenis Chamartin	<b>12:05.54</b>
50m: 38.70	200m: 2:51.34	350m: 5:09.81	500m: 7:29.18
100m: 1:21.45	250m: 3:37.58	400m: 5:56.51	550m: 8:16.08
150m: 2:06.07	300m: 4:23.85	450m: 6:42.91	600m: 9:02.59
			750m: 11:19.91
800m:	12:05.54		
3. RIBES BARGUES, Marta	86	01152 - C.N. Las Rozas	<b>12:49.14</b>
50m: 43.15	200m: 3:05.84	350m: 5:30.89	500m: 7:57.39
100m: 1:29.41	250m: 3:54.07	400m: 6:19.47	550m: 8:46.58
150m: 2:17.08	300m: 4:42.18	450m: 7:08.50	600m: 9:35.58
			750m: 12:02.62
800m:	12:49.14		
4. OROPESA CALLEJO, Denis	88	00616 - C.N. Fuenlabrada	<b>13:04.66</b>
50m: 42.51	200m: 3:04.07	350m: 5:32.75	500m: 8:03.38
100m: 1:27.59	250m: 3:53.28	400m: 6:23.20	550m: 8:53.67
150m: 2:15.64	300m: 4:43.03	450m: 7:13.32	600m: 9:44.39
			750m: 12:15.63
800m:	13:04.66		

BAJA MORENO INIESTA, Raquel 87 00053 - Real Canoe N.C.

40+

1. RODRIGUEZ SANCHEZ, Laura	81	00006-C.N. Cuatro Caminos	<b>10:36.35</b>
50m: 37.96	200m: 2:45.58	350m: 5:47.11	500m: 7:10.21
100m: 1:19.39	250m: 3:29.13	400m: 5:41.14	550m: 7:54.82
150m: 2:02.16	300m: 4:12.98	450m: 6:25.84	600m: 8:39.54
			750m: 10:53.41
800m:	10:36.35		
2. CUESTA HERNANDEZ, Paloma	83	00053 - Real Canoe N.C.	<b>12:48.13</b>
50m: 41.15	200m: 3:06.05	350m: 5:32.60	500m: 7:59.61
100m: 1:28.52	250m: 3:54.76	400m: 6:21.65	550m: 8:48.10
150m: 2:17.08	300m: 4:43.98	450m: 7:10.78	600m: 9:37.05
			750m: 12:03.05
800m:	12:48.13		
3. NUÑEZ LOPEZ, Maria Teresa	79	00417 - C.N. Coslada	<b>15:33.35</b>
50m: 49.55	200m: 3:39.84	350m: 6:36.48	500m: 9:35.04
100m: 1:44.59	250m: 4:38.55	400m: 7:35.80	550m: 10:35.70
150m: 2:41.54	300m: 5:37.53	450m: 8:35.98	600m: 11:36.92
			750m: 14:36.33
800m:	15:33.35		

RODRÍGUEZ GARCÍA, Ana	80	01121	01121 - C.N. Colmenar Viejo	40+	NT	SUST
-----------------------	----	-------	-----------------------------	-----	----	------

45+

1. IBAÑEZ CORTINA, Carola	78	00053 - Real Canoe N.C.	<b>13:51.36</b>
50m: 44.23	200m: 3:20.01	350m: 5:59.82	500m: 8:40.44
100m: 1:34.70	250m: 4:12.98	400m: 6:53.61	550m: 9:34.04
150m: 2:26.57	300m: 5:06.55	450m: 7:46.72	600m: 10:27.56
			750m: 13:03.93
800m:	13:51.36		
2. SANCHEZ MEDINA, Coral	78	01767 - Cdb Natacion Swimtonic	<b>14:14.43</b>
50m: 44.16	200m: 3:15.93	350m: 5:59.62	500m: 8:47.86
100m: 1:32.80	250m: 4:09.62	400m: 6:56.00	550m: 9:42.87
150m: 2:23.50	300m: 5:04.21	450m: 7:52.31	600m: 10:37.43
			750m: 13:22.60
800m:	14:14.43		

Piscina 25 metros - Cronometraje manual

800F M86 ST IX JORNADA FONDO MASTER 23-24  
M86 - MADRID, 2/12/2023

Prueba 3, Fem., 800m Libre, 45+

Clas.	Nombre	Año	Club	Marca
3.	ROMERO ABANADES, Lidia	74	01408 - Club Arriacense Natacion	<b>15:51.84</b>
	50m: 50.31 200m: 3:45.41 350m: 6:46.34 500m: 9:49.50 650m: 12:51.61 800m: 15:51.84			
	100m: 1:46.56 250m: 4:45.55 400m: 7:46.46 550m: 10:50.44 700m: 13:52.31			
	150m: 2:44.99 300m: 5:46.29 450m: 8:47.97 600m: 11:50.37 750m: 14:51.92			
4.	SANCHEZ BARAHONA, Silvia	75	01152 - C.N. Las Rozas	<b>16:10.75</b>
	50m: 55.18 200m: 4:02.36 350m: 7:06.39 500m: 10:10.98 650m: 13:13.58 800m: 16:10.75			
	100m: 1:58.51 250m: 5:04.25 400m: 8:07.50 550m: 11:10.88 700m: 14:14.39			
	150m: 3:00.70 300m: 6:04.75 450m: 9:10.00 600m: 12:12.54 750m: 15:14.39			
BAJA	PARRILLA SORIA, Raquel	75	00573 - C.N. Leganes	

50+

1.	GUERVOS PINZON, Maria Eugenia	71	00053 - Real Canoe N.C.	<b>10:56.68</b>
	50m: 35.81 200m: 2:38.08 350m: 4:42.24 500m: 6:47.70 650m: 8:52.72 800m: 10:56.68			
	100m: 1:15.94 250m: 3:19.38 400m: 5:24.24 550m: 7:28.95 700m: 9:34.68			
	150m: 1:56.81 300m: 4:00.60 450m: 6:06.26 600m: 8:10.63 750m: 10:15.90			
2.	RIVAS BARTOLOMÉ, Mar	72	01767 - Cdb Natacion Swimtonic	<b>11:02.91</b>
	50m: 34.68 200m: 2:32.93 350m: 4:38.76 500m: 6:46.73 650m: 8:55.72 800m: 11:02.91			
	100m: 1:12.55 250m: 3:14.63 400m: 5:21.32 550m: 7:29.45 700m: 9:38.81			
	150m: 1:52.35 300m: 3:56.44 450m: 6:03.81 600m: 8:12.35 750m: 10:22.24			
3.	DEL RIO REDONDO, Emma	69	P1202 - C.D. Gredos San Diego	<b>13:28.28</b>
	50m: 43.46 200m: 3:12.17 350m: 5:44.84 500m: 8:18.70 650m: 10:54.82 800m: 13:28.28			
	100m: 1:32.03 250m: 4:03.02 400m: 6:36.70 550m: 9:10.31 700m: 11:46.82			
	150m: 2:21.91 300m: 4:53.61 450m: 7:27.76 600m: 10:01.97 750m: 12:38.83			
4.	LOPEZ CALLE, Elena	70	01408 - Club Arriacense Natacion	<b>14:25.04</b>
	50m: 45.98 200m: 3:21.83 350m: 6:03.54 500m: 8:49.76 650m: 11:37.20 800m: 14:25.04			
	100m: 1:35.77 250m: 4:15.22 400m: 6:58.82 550m: 9:45.15 700m: 12:33.71			
	150m: 2:28.29 300m: 5:09.13 450m: 7:54.16 600m: 10:40.70 750m: 13:30.73			
5.	LAGUNA RODRIGUEZ, Maria	71	01408 - Club Arriacense Natacion	<b>15:28.39</b>
	50m: 48.70 200m: 3:40.00 350m: 6:35.46 500m: 9:34.16 650m: 12:31.74 800m: 15:28.39			
	100m: 1:44.38 250m: 4:37.46 400m: 7:34.58 550m: 10:33.08 700m: 13:31.48			
	150m: 2:42.17 300m: 5:35.24 450m: 8:34.49 600m: 11:32.81 750m: 14:31.38			
6.	LOPEZ CEZON, Maria Cristina	69	01189 - C.N. Master Madrid	<b>16:45.99</b>
	50m: 47.09 200m: 3:46.97 350m: 6:59.36 500m: 10:10.45 700m: 14:34.78 800m: 16:45.99			
	100m: 1:43.90 250m: 4:50.16 400m: 8:02.65 600m: 12:22.15 750m: 15:41.50			
	150m: 2:44.11 300m: 5:55.06 450m: 9:06.13 650m: 13:28.66 800m: 16:45.99			

55+

1.	RÍOS CALVO, Maria del Carmen	65	00561 - C.N. Tres Cantos	<b>13:58.19</b>
	50m: 46.63 200m: 3:22.70 350m: 6:00.12 500m: 8:40.72 650m: 11:20.95 800m: 13:58.19			
	100m: 1:38.45 250m: 4:15.04 400m: 6:52.84 550m: 9:34.77 700m: 12:15.17			
	150m: 2:30.56 300m: 5:06.78 450m: 7:45.93 600m: 10:28.87 750m: 13:09.34			

BAJA GOMEZ RAMOS, Almudena 64 01189 - C.N. Master Madrid

Piscina 25 metros - Cronometraje manual